

PRELIMINARY PROGRAM - HOW TO – Mentoring in ESC volunteering projects

Preparatory task	Online meeting	Residential training					
14.4-24.4	25.4		2.5	3.5	4.5	5.5	
Read the latest versions of: • ESC guide • Info kif for volunteers- participants od ESC	<ul style="list-style-type: none"> • Intro to training • getting to know each other • Main roles of mentor • Defining case studies • Choosing tools to be presented on residential seminar 	9.30-11.00	Arrival of participants	Learning and volunteering	Stress and volunteering	Personal and professional support to mentors (9.30-11.30)	
		11.00-11.30		Break			
		11.30-13.00		Conflicts and volunteering	Mentoring in time of crises	Closing and Evaluation (12.00-13.00)	
		13.00-15.00	Lunch				
		15.00-16.30	Intro and group building	Case studies and sharing experiences	Inclusion and volunteering	Departure of participants	
		16.30-17.00	Break				
		17.00-19.00	Exploring mentoring tools	Case studies and sharing experiences	Mentoring youth with fewer opportunities		
		19.00-20.00	Dinner				